



THE QUINTESSENCE NEWSLETTER



Quintessence Neighborhood Association

SPRING 2025

QNA President's Message



I didn't plan to be president when I took this position in 2018, but I knew that I didn't want to see our neighborhood association disappear. **After this year it will be time for someone else to bring their talents and vision to the position of president.** I believe that we have made a difference for our neighbors over the past 7 years as we've tried to represent the neighborhood with the City, help neighbors work out disagreements, and improve the neighborhood we all enjoy every day.

But this work can't happen without your help. We need you to join or renew your membership using the enclosed envelope or QR code. While dues are optional, your \$20 donation will ensure that we can continue hosting events and improving the neighborhood like we have in the past.

Now is a great time to consider joining our Board of Officers - we will need at least two more people to be elected at our April Annual Meeting. The time commitment is not big - we meet about once every other month for an hour, and volunteer to help at neighborhood events.

If you've ever enjoyed our events or sent in suggestions or just want to help out the neighborhood, please consider getting involved. It's a small way to give back and help the place we all live every day. Sometimes national and global politics feel discouraging, but one antidote is to get involved locally, where we can have an effect on things happening right here in our neighborhood and our city. Board members will be elected at our Annual Meeting but can be nominated ahead of time by emailing qna.abq@gmail.com.

QNA events are great places to meet neighbors, like our Annual meeting on Thursday, April 24 at Grace Lutheran Church just across Eubank from Quintessence. I hope to see many of you there, making our neighborhood stronger and brighter!

QNA President,
Andrea Landaker

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MEETING**

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QNA PRESIDENT**

**QNA
ANNUAL MEETING**

**Thursday, April 24th
at 7pm**

Grace Lutheran Church
(across Eubank)

We will plan to conduct
elections and QNA business.



The Quintessence Spring Clean-Up

Join us at the Quintessence Park for the
annual Spring Clean-Up.

When: Saturday, April 12th
Time: 9:00am-11:00am

Trimming Bushes-Pull Weeds-Pick Up Trash

You can also work on your own yard and
bring bags to the park for pickup before
noon.

Sponsored by the Quintessence Neighborhood Association



**Thank You to our
QNA Newsletter
Sponsors**

Albuquerque Academy
Morada Quintessence
Termination Pest Control

Email qna.abq@gmail.com if you would like
to advertise next year.



ABQ 311

Large Item Pickup

About Large Item Pick-Up:

Appliances and other large items are collected throughout the year free of charge upon residential customer request.

Guidelines

- Place large items on the curb five feet away from other carts, mailboxes, fire hydrants, parked cars, low hanging trees, or utility poles so trucks can easily access.
- Requests must be made Monday-Saturday at least 24 hours in advance.
- Contaminated items will not be collected.
- Empty all appliances before placing them on the curb.
- No more than a standard pick-up load may be collected.

Scan or visit CABQ.gov



NO MORE
weeds

IN YOUR ROCKS!

TERMINATION
PEST CONTROL 

Text or Call
505-369-0075
for **\$25** off your
Pest or Weed
Control Service!
Locally owned and operated.

Sponsored Ad

ANNUAL QNA


**-YARD-
SALE**


Saturday, May 3th

Clean out your closets for our annual yard sale on May 3rd!

Anyone in Quintessence is welcome to host a yard sale on this day from 8am-noon. We have some large signs we can put up to bring people in to the neighborhood. Please email qna@abq@gmail.com if you plan to participate.



High Speed Fiber Internet Expansion

www.cabq.gov

Information about fiber internet and construction in Albuquerque.

The Broadband Office is supporting the expansion of fiber internet infrastructure to bring faster, more reliable, and affordable internet options to residents and businesses.

Fiber internet networks will bring faster and more reliable internet that is needed to support Albuquerque's residents and businesses now and into the future.

Current Companies

Contact the following companies installing fiber internet infrastructure for more information.

- [Ezee Fiber](#)
- [Gigapower](#)
- [Vexus Fiber](#)

Why Fiber Internet is Important Now & In the Future? Fiber optic infrastructure can benefit in many ways, including:

- **Faster:** Fiber carries more data at higher speeds. Fiber optic cables can transmit data at speeds of up to 10Gbps. They can handle more data and users at higher speeds than cable connections.
- **Home value increase:** A home with fiber internet can be worth up to 5% more than a home without. This is similar to adding a half bathroom or fireplace to the home.

- **Reliable:** Less interference and fewer outages. Fiber optic cables are less likely to experience outages because they don't require energized lines. They can also provide reliable data transmission over long distances.
- **Durability:** Fiber optic cables are made of glass and can last up to 50 years. They are resistant to corrosion and environmental factors like temperature and electromagnetic fluctuations. Fiber optic technology is future-proof meaning it doesn't require as many upgrades as technology advances.
- **Desirable amenity:** A 2023 survey found that reliable, high-speed internet is the second-most desired amenity for a single-family home.
- **Competitive edge:** Homes with fiber internet are more desirable for families with school-age children.
- **Compatible:** Fiber optic cables are compatible with existing technologies like Wi-Fi and VoIP systems.
- **Cost-effective:** Fiber optic cables can be cost-effective in the long run.

For questions or concerns regarding construction, please contact the internet service provider directly using the phone number that is on the notification you received. This is to ensure that you receive personalized service from the provider that is working in your area.

- [Ezee Fiber](#)
- 505-539-4848
- [Gigapower](#)
- 505-585-3966
- [Vexus Fiber](#)
- 844-512-5022



Albuquerque Academy is going places,
and so are you!

Join us for the journey.

Call to schedule a spring tour.

Grades 6-12
(505) 828-3208 | aa.edu





A note from the Architectural Control Committee

Hi Neighbors,

Spring is here. Trees will be flowering, flowers will be blooming, and those pesky weeds sprouting everywhere.

Weeds were the number one complaint last year among our neighbors.

There is a section in each of the QNA Covenants titled: Maintenance of Lots or Landscaping. They all mention that it is the owners responsibility to keep their lot clear of weeds, including any strips of rocks between the house and the street, even if there is a wall or sidewalk in the way.

We have many elderly neighbors that walk in our beautiful neighborhood.

If possible, please try to keep the sidewalks that cross your driveway clear of cars.

We are always looking for volunteers for the Architectural Control Committee(ACC).

If you are interested, please email at us
QNA.ABQ@GMAIL.COM



QNA COMMUNICATIONS

If you would like to receive updates via email about neighborhood happenings, send an email to qna.abq@gmail.com.

If you change your email address please let us know. When we send group emails, recipients are blind copied; we will never share your address with others.

Sponsored by Morada

MEMORIAL DAY ROUNDUP:

BBQ, BOUNCE, & BARNYARD FUN!

- BBQ
- BOUNCE HOUSE
- PETTING ZOO
- KONA ICE

Where: 7101 Eubank NE
When: Monday 5/26
Time: 12:30pm - 2pm
RSVP: (505) 797-8600

Morada Quintessence | 7101 Eubank NE | 505.797.8600

SCAN ME

MORADA
QUINTESSENCE

ENJOY THAT
Hometown Feeling

TAKE A PEEK INSIDE OUR BEAUTIFUL
ASSISTED LIVING COMMUNITY!

Morada Quintessence offers the best value in affordable Assisted Living our area has to offer. Whether it is savoring our chef-prepared meals, enjoying fun activities and social events with neighbors, or taking part in health and wellness activities, it's all right here!

Care Home Family Friendship

Call 505.317.2731 to speak to a Senior Lifestyle Counselor to learn more!

CONNECT WITH US

MoradaQuintessence.com
7101 Eubank Boulevard, Albuquerque, NM 87122
Assisted Living

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Support the Quintessence Neighborhood Association



QNA has been integral in the following activities:

- District 4 Coalition Membership
- Weed removal in common areas
- Facilitating Quintessence Park maintenance and upgrades
- Dog pots installation and maintenance
- Coordination with QNA Architectural Control Committee for city codes/covenants

We constantly interact with City and County representatives such as:

- APD NE Command
- Arroyo maintenance/flood control
- Parks and Recreation
- Open Space Maintenance (walking trails)
- District 4 Representatives and City Councilor
- Office of Neighborhood Coordination
- City planning
- Road Maintenance

All residents and owners of property within our boundaries are welcome to [join](#). This allows you to join our private email list for neighborhood updates (about once a month) as well as being able to vote.

Please support the Quintessence Neighborhood Association!

To donate you may use the enclosed envelope, scan the QR code:

Or visit:

QNA-ABQ.org



2025 UPCOMING EVENTS

Cleanup Day
April 12 9am-11am

Annual Meeting
April 24 7pm

Yard Sale Day
May 3 8am-12pm

Independence Day Celebration
June 28th

National Night Out
August 5

Fall Festival
October 18



**PO Box 22033
Albuquerque, NM
87154-2033**

<http://qna-abq.org>
qna.abq@gmail.com



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